

**Ovation Dance Academy  
2021-22 Class Descriptions**

**Please call or email if you have any questions regarding which class is best for you!  
(913) 333-2667  
alex@ovationdancekc.com**

**Dance class descriptions**

Please see specific class for dress code/shoe requirements. For all dance and tumbling classes, dancers are expected to have hair pulled back away from their face and off their neck. No jewelry is allowed other than small stud earrings.

<b>Class</b>	<b>Age</b>	<b>Description</b>	<b>Dress Code</b>
Wiggles and Giggles	3-4 years old	Upbeat creative movement class for dancers ages 3-4. Gross motor skills will be developed as well as imaginative expression through dance and movement.	Females: any color leotard or dance dress, tights, and pink ballet slippers. Males: fitted t-shirt or tank top, shorts or pants. Black ballet slippers.
Itty Bitty Ballet, Bitty Ballet	2-4 years old	Creative movement and ballet class for dancers 2-4 years old. Gross motor skills will be developed as well as proper dance class etiquette and working as a team!	Females: any color leotard or dance dress, tights, and pink ballet slippers. Males: fitted t-shirt or tank top, shorts or pants. Black ballet slippers.
Pre Combo	4-5 years old (Pre-K)	Tap and Ballet class for dancers in Pre-K	Females: any color leotard or dance dress, tights, and pink ballet slippers, black tap shoes Males: fitted t-shirt or tank top, shorts or pants. Black ballet slippers, black tap shoes
Combo I/II	K-2nd grade	Tap and Ballet class for dancers ages K-2nd grade. Students in Combo I could be brand new to dance or have completed our Pre Combo program. Students in Combo II should have previous tap/ballet experience.	Females: any color leotard or dance dress, tights, and pink ballet slippers, black tap shoes Males: fitted t-shirt or tank top, shorts or pants. Black ballet slippers, black tap shoes
Combo III	2nd grade	This class will cover ballet technique, tap, and lyrical dancing. These dancers should be 2nd graders with previous Tap/Ballet experience. They may have completed Combo I and II.	Females: any color leotard or dance dress, tights, and pink ballet slippers, black tap shoes, tan jazz shoes Males: fitted t-shirt or tank top, shorts or pants. Black ballet slippers, black tap shoes, tan jazz shoes
Hippity Hop	K-2nd grade	Upbeat and age appropriate hip hop class for dancers K-2nd grade.	Any dancewear/athletic wear. Tennis shoes dedicated to class (not worn outside the studio)
Hop and Roll (Hip Hop/Tumbling Combo)	K-2nd grade	Age appropriate Hip Hop and Tumbling combo class. Tumbling skills will include stalls, kip-ups, and other elements that would be seen in hip hop dance.	Females: leotard and fitted shorts or biketard. Tennis shoes dedicated to dance (not worn outside the studio) Males: fitted athletic wear. Tennis shoes dedicated to dance (not worn outside the studio)

<b>Class</b>	<b>Age</b>	<b>Description</b>	<b>Dress Code</b>
Tap/Jazz I/II/III	3rd-8th grade	Tap and Jazz class for dancers ages 3rd grade and up. Dancers in Tap/Jazz I could have previously completed our Combo classes or could be completely new to dance. Dancers in Tap/Jazz II and III should have previous tap/jazz experience.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes, black oxford style (lace up) tap shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes, black oxford style (lace up) tap shoes.
Musical Theatre Dance	4th-12th grade	Broadway style jazz/dance class. Technique, choreography from musicals and performance expression will be explored.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.
Dance Team Prep	7th-12th grade	Class focusing on skills needed for high school or college dance team. Dancers will explore leaps and turns, jazz, hip hop, pom, and lyrical. Dancers will participate in the recital.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.
Leaps and Turns I	3rd-8th grade (by skill)	Jazz class focusing on technique and skills. Dancers should have mastered a single pirouette, working towards a double. Dancers will continue to work on proficiency executing chaine turns, pique turn, saute chat (leaps), battements (kicks), tilt battements, flexibility and extension. This is not a performance class.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.
Leaps and Turns II	4th-12th grade (by skill)	Jazz class focusing on technique and skills. Dancers should have mastered all Leaps and Turns I skills. Dancers are working towards proficiency in executing the following with proper technique: Double and triple pirouettes, chaine turns, pique turns, saute chats, center leaps, calypsos, axels, battements, tilt battements, extensions and flexibility. This is not a performance class.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.
Leaps and Turns III	6th-12th grade (by skill)	Jazz class focusing on technique and skills. Dancers should have mastered all Leaps and Turns I and II skills. Dancers will continue to work on proficiency in executing with proper technique: triple pirouettes, turns in second, center leaps, switch leaps, calypsos, pique and chaine turns changing spots, and advanced combinations. This is not a performance class.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.

<b>Class</b>	<b>Age</b>	<b>Description</b>	<b>Dress Code</b>
Leaps and Turns IV	8th-12th grade (by skill)	Jazz class focusing on technique and skills. Dancers should have mastered all Leaps and Turns I-III skills. Dancers should have mastered with proper technique: triple pirouettes, turns in second, saute chats, center leaps, and battements. Dancers will work towards proficiency changing spots, switch leaps, spinning discs, and advanced combinations. This is not a performance class.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.
Ballet I-IV	3rd-12th grade	Traditional ballet class following progressive curriculum for dancers 3rd-12th grade.	Females: any color leotard, pink tights, pink ballet slippers. Hair secured in a bun. Males: white t-shirt, black fitted pants/shorts, black ballet slippers. Hair away from the face and off the neck.
Hip Hop I-II	3rd-8th	Upbeat and age appropriate hip hop classes for dancers 3rd grade and up.	Any dancewear/athletic wear. Tennis shoes dedicated to class (not worn outside the studio)
Lyrical I-III	3rd-12th grade	Ballet and Jazz fuse to create this expressive class. This is not a jazz/ballet technique class, therefore dancers are strongly encouraged to take Jazz or Ballet with Lyrical.	Females: any color leotard or fitted dance top, dance shorts or leggings. Tan slip on jazz shoes. Males: fitted top and shorts or pants. Tan slip on jazz shoes.
Dance conditioning	6th-12th grade	Cardio and conditioning class focused for dancers.	Any dancewear/athletic wear. Tennis shoes dedicated to class (not worn outside the studio).
Adult Tap	16 and up	Fun tap class for adults! Performances are encouraged but not mandatory.	Any dancewear/athletic wear. Black tap shoes.
Squads	4th-12th grade (by invitation)	Hip Hop and Tap Squads are open to dancers by invitation. Dancers will participate in two local dance competitions and one showcase in addition to the Recital. Additional cost includes \$50 for a jacket, costume fee, competition fees (approx \$50-65 per competition), and showcase fee (approx \$35).	
Company Classes	K-12th grade (by audition)	ODA Company Dancers are dancers who are ready to take their training and performance to the next level! Company Dancers complete required classes, perform at local events, and compete at regional and national competitions. For more information on the ODA Company, visit the Company Dancers tab on our website or email Miss Alex!	

## Tumbling class descriptions

**Dress code:** All female participants should wear a leotard and shorts or a biketard. No shoes, socks or tights. Male participants should wear a fitted top and shorts or pants. Hair must always be pulled back from the face and off the shoulders (ponytail, bun, braid, etc.)

Class	Age	Description
Tot Hop and Roll	3-4 years old	Upbeat creative movement and tumbling class for dancers ages 3-5.
Pre Tumbling	4-5 years old (Pre-K)	Beginning tumbling class for Pre-K dancers.
Tumbling I	K-12th grade (by skill)	Students will learn backbends, cartwheels forward and backward rolls, flexibility and strength.
Tumbling II	1st-12th grade (by skill)	Students should have mastered Tumbling I skills. Students should be able to go down into a back bend and come up unassisted. Students will work towards proficiency with proper technique: front and back kickers, handstands, one handed cartwheels.
Tumbling III	2nd-12th grade (by skill)	Students should have mastered all Tumbling I and II skills. Students are working towards proficiency with proper technique: front and back walkovers, handsprings, kip-ups.
Tumbling III/IV	4th-12th grade (by skill)	Students should have mastered all Tumbling I-III skills plus back arabians and hand walks. Working towards front and side aerials.
Tumbling IV/V	5th-12th grade (by skill)	Participants should have mastered all Tumbling I-IV skills and have proficient side aerials. Working towards proficiency with proper technique executing back handsprings, front aerials, tucks, and combinations of skills.